







Multi-Gyn® Vaginal Douche



MULTI-GYN VAGINAL DOUCHE FOR OPTIMAL HYGIENE OF THE VAGINA

- · Flushes clean, efficiently and gently
- · Special valve that makes it impossible to suck back fluid, reduces pressure build-up and creates an ideal flushing effect
- · Ergonomic douching device which can be used in various positions

Multi-Gyn Vaginal Douche and tablets is ideal for general vaginal hygiene. Or for intensive vaginal hugiene in case of excessive or unpleasantly smelling discharge, itch. irritation and a burning sensation.

DIRECTIONS FOR USE

Some women are more susceptible to vaginal discomforts than others due to lifestyle, sexual activity or menstruation. Dependent on personal hygiene needs Multi-Gyn Vaginal Douche can be used more frequently; however, it is not advised to use Multi-Gun Vaginal Douche more than once a week unless the physician advises otherwise Always contact a physician when vaginal complaints are persistent.

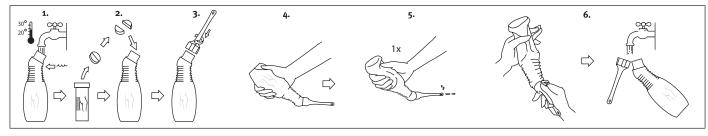
The Multi-Gyn Vaginal Douche can be used in several desired positions. Find yourself the most comfortable way to use the Multi-Gyn Vaginal Douche. It is important that the douching fluid can flow away easily. For example in the shower or above the toilet bowl. Please see the illustrated directions for use of the Multi-Gyn Vaginal Douche

MULTI-GYN VAGINAL DOUCHE AND PREGNANCY

If you wish to become pregnant, we advise you not to use the Multi-Gyn Vaginal Douche until 3 daus after having sexual intercourse. The Multi-Gun Vaginal Douche is not a contraceptive. There are no known contraindications to the use of Multi-Gyn Vaginal Douche or Multi-Gyn Tablets during pregnancy or breastfeeding. However, we always advise to contact your physician if you are pregnant.

PLEASE NOTE!

Never put the Multi-Gyn Vaginal Douche into boiling water nor clean it with boiling water. It will become deformed beyond repair.



- 1. Fill the Multi-Gyn Vaginal Douche with luke warm water up to the top of the ribs
- 2. Break one Multi-Gyn Tablet and add to the water
- 3. Screw the applicator on the bottle and wait until the Multi-Gyn tablet is completely dissolved and stops fizzing
- 4. Bring the applicator gently into the vagina
- 5. Squeeze the bottle gently to cleanse the vagina with the douching fluid. It is normal that fluid (up to half a bottle) remains in the bottle*
- 6. Separate the douche and applicator and rinse thoroughly with warm water. Leave to dry naturally (preferably in a
- *The amount of fluid is sufficient to rinse the vagina. If you want to rinse again with the remaining liquid screw the applicator from the bottle so that the bottle returns to its original shape and continue from step 4.

Multi-Gyn® Tablets

MULTI-GYN TABLETS CREATES A NATURAL AND MILD DOUCHING FLUID **FOR OPTIMAL VAGINAL HYGIENE**

- One tablet is sufficient for one bottle of douching fluid
- · Contains natural ingredients and is perfume free
- $\cdot\,$ Combined with the Multi-Gyn Vaginal Douche, the tablets offer optimal vaginal hygiene

MILD VAGINAL DOUCHING TABLETS WITH NATURAL INGREDIENTS

Multi-Gyn Tablets, dissolved in luke warm water, creates a mild douching fluid suitable for use with the Multi-Gyn Vaginal Douche. The concentrated effervescent tablets contain natural ingredients.

INGREDIENTS

Lactose, Citric Acid, Sodium Bicarbonate, Lactic Acid, Aloe Barbadensis Leaf Polysaccharides, Ascorbic Acid

Main active ingredient 2QR-complex powder:

Patented bio-active polysaccharides purified from Aloe Barbadensis Leaf Extract

The tablets have a grainy appearance and may vary a little in color. These minor variations relate to the natural properties of the main active ingredient, 2QR-complex. They do not affect the efficacy or safety of the product.

STORAGE

Keep out of sight and reach of children. It is advised to keep the Multi-Gyn Tablets in the original tube in a dry place between 10°C and 25°C (room temperature).

> For local distributors see www.multi-gyn.com

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